



# Hinckley Central PCN NewsLetter

Winter 2026



## Farewell and Happy Retirement to Dr Rachel Reid

Station View Health Centre will soon be saying goodbye to one of its most distinguished and long-standing GPs, Dr Rachel Reid, who is retiring after an exceptional career.

Dr Reid joined Station View as a partner in 2000, and for the past nine years has served as our Managing Partner. During this time, she has led with clarity, compassion, and remarkable

dedication, helping to shape the practice into the focused, supportive, and enjoyable workplace it is today. Her leadership and steady guidance will be greatly missed.

Outside of her professional achievements, Rachel is surrounded by her wonderful, all-girl family though her husband's dream of boys is finally being fulfilled with the arrival of their second grandson, born just this week.

In retirement, Rachel is looking forward to exciting travels, with trips to Australia and New Zealand planned for early in the new year. She also hopes to enjoy more time with her family and grandchildren, sharpen her golf game, and take on a new challenge with her latest hobby: bridge.

We offer Dr Reid our warmest thanks for her years of service and commitment. She leaves a lasting legacy, and we wish her every happiness in the years ahead.



# Pharmacy First

As the winter sets in and more people require NHS services remember to use Pharmacy First for minor ailments

The following table shows the 7 conditions pharmacists can manage across various age ranges.

| Clinical pathway                       | Age range         |
|--|-------------------|
| Acute otitis media*                    | 1 to 17 years     |
| Impetigo                               | 1 year and over   |
| Infected insect bites                  | 1 year and over   |
| Shingles                               | 18 years and over |
| Sinusitis                              | 12 years and over |
| Sore throat                            | 5 years and over  |
| Uncomplicated urinary tract infections | Women 16-64 years |

# Active Walk

Every first Wednesday of the month, join us for our Active Walk. We leave from the Centre Surgery ramp at 2pm and stroll around Queens Park.

## WORK WELL

### YOUR HEALTH, OUR PRIORITY !

Building a fulfilling work life isn't always easy. Your Work and Health Coach will help you uncover something that suits you. Together, we will create a personalized plan to reach your employment goals.

### CHOOSE US FOR:

- ✓ Finding a New Job
- ✓ Writing a CV and Interview Skills
- ✓ Courses & Training Opportunities
- ✓ Link to Local Employment Services

### Criteria

- Registered with Local GP or Jobcentre
- Have Disability or Health Conditions
- Has Right to work in the UK
- Aged 16+

### MORE INFORMATION



Ask GP Surgery for Referral or scan the QR code  
[Referral Link on Joy - Hinckley Central](#)  
The Centre Surgery  
Castle Mead Medical Centre  
Station View Medical Centre  
Maples Family Medical Practice



## Work Well Service

Our Work Well service supports patients who are facing health-related barriers to entering paid or voluntary work, or who would like to upskill through local courses.

We offer help with:

- Writing or updating CVs
- Interview skills and preparation
- Job searching
- Wellbeing support

We also work closely with other organisations and can signpost patients to additional services where needed.

This is a voluntary programme, and patients can opt out at any time. We provide one-to-one sessions either face-to-face or over the telephone. As we are based in GP practices, it is easy and convenient for patients to attend.

If anyone would like support, they can be referred through our Joy app or by using our QR code to access the referral link.

## Struggling with the NHS App?



Look out for sessions being held in your Practice to help you find your way around the App and build your confidence in using it.

## Smear Tests

No time to have a smear during working hours?

We have Extended Access appointments at  
Hinckley & Newbold Verdon

ask for details at your surgery

# Evening + Weekend Appointments



Just ask reception at your surgery for an appointment in **Enhanced Access**

## Pre-bookable appointments:

- ✓ GP
- ✓ Nurse - Smear test, dressing, woundcare
- ✓ Blood tests
- ✓ Advanced Nurse Practitioner
- ✓ Contraception services - Coils & Implants



Scan for more info  
or visit

[www.hbmagpfederation.co.uk](http://www.hbmagpfederation.co.uk)

## All appointments at:

The Centre  
surgery, Hinckley  
Health Centre, Hill  
Street, LE10 1DS

OR

Newbold Verdon  
Medical Practice,  
St Georges  
Close, Newbold  
Verdon, LE9 9PZ



# Welfare Support Service

## Support and advice on:

- Benefits
- Grant applications
- Help with food or food support
- Household Support Fund
- Maximising household income
- Minimising outgoings
- Help with white goods

Get advice  
via email,  
telephone or  
at one of  
our drop in  
sessions



## Drop in sessions:

First Wednesday of every month  
Hinckley Hub, 10am to 2pm  
No appointment needed

✉ [costoflivingsupport@hinckley-bosworth.gov.uk](mailto:costoflivingsupport@hinckley-bosworth.gov.uk)

☎ 01455 238141

